Name: Ainsley Kinch

Competency Category

(Indicate with a check with competency category this page refers to)

- Professional Responsibility
- Knowledge-Based Practice
- Ethical Practice
- Service to the Public
- Self-Regulation

Goal

To broaden my knowledge about the rationale, adverse effects, nursing considerations, and general names of.

Activities, Necessary Resources and Timeframes to achieve my goal?

Activities:

- Read charts and make connections between their diagnoses to their prescribed medications.
- Complete activities designed to identify medications.
- Be willing to ask critical thinking questions when I do not understand.

Necessary Resources:

- Peer reviewed articles that relate standards of knowledge-based practice.
- Working directly with my instructors and knowledgeable staff throughout my education.
- Health Canada Drug Product Database (DPD)
### Timeframe:

1. I hope to complete this goal over the course of my degree.

### Evaluation

(How will I know that I have achieved my goal?)

- I will be able to recognize the connections between various diagnoses and their associated medications.
- I will have my clinical instructor test me periodically on my knowledge.
- I will be able to retain the knowledge of basic drug rationales.

### My Learning Plan addresses:

- Self-Reflection
- Course Learning Objectives
- Consideration to previous evaluation
  - ✔ Cumulative and Appropriate for Education Level

### Date: March 26th, 2014
Name: **Ainsley Kinch**

### Competency Category

(Indicate with a check with competency category this page refers to)

- Professional Responsibility
- Knowledge-Based Practice
- Ethical Practice
- Service to the Public
- Self-Regulation

### Goal

**To learn appropriate documentation norms and learn how to document properly.**

### Activities, Necessary Resources and Timeframes to achieve my goal?

**Activities:**

- Read charts and practice during lab times to make effective use of time.
- Be willing to ask questions when I do not understand.
- Read client's charts to make connections and similarities of norms.

**Necessary Resources:**

- Peer reviewed articles that relate standards of knowledge-based practice.
- Working directly with my instructors and knowledgeable staff throughout my education.
- Documentation Guidelines for Registered Nurses – CNO

**Timeframe:**

I hope to complete this goal over the course of my degree.
## Evaluation

(How will I know that I have achieved my goal?)

- I will be able to make simple documentations.
- I will be able to read charts and doctor's orders and identify what the document is asking of.
- I will be able to retain the knowledge of basic documentation skills.

### My Learning Plan addresses:

- Self-Reflection
- Course Learning Objectives
- Consideration to previous evaluation
  - Cumulative and Appropriate for Education Level

### Date: March 26th, 2014
### Learning Plan #5

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<th>Name: Ainsley Kinch</th>
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#### Competency Category

(Indicate with a check with competency category this page refers to)

- [x] Professional Responsibility
- [ ] Knowledge-Based Practice
- [ ] Ethical Practice
- [ ] Service to the Public
- [ ] Self-Regulation

#### Goal

*I will improve and exercise my head-to-toe assessment skills.*

#### Activities, Necessary Resources and Timeframes to achieve my goal?

##### Activities:

- Take every opportunity to interact with clients.
- Do rounds with the doctor or nurse to analyze how they approach the assessment process.
- Be willing to ask critical thinking questions when I do not understand.
- Practice OSCE’s.

##### Necessary Resources:

- Peer reviewed articles that relate standards of knowledge-based practice.
- Working directly with my instructors and knowledgeable staff throughout my education.
- Physical Examination & Health Assessment – Jarvis 2nd Ed.
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- I will be able to comfortably assess a client and ask appropriate, related questions.
- I will have my clinical instructor test me periodically on my knowledge.
- I will perform my OSCE skills assessments and have my instructor provide feedback.

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- Self-Reflection
- Course Learning Objectives
- Consideration to previous evaluation
  - Cumulative and Appropriate for Education Level

| Date: March 26th, 2014 |